



# AMBULATORY BLOOD PRESSURE REPORT

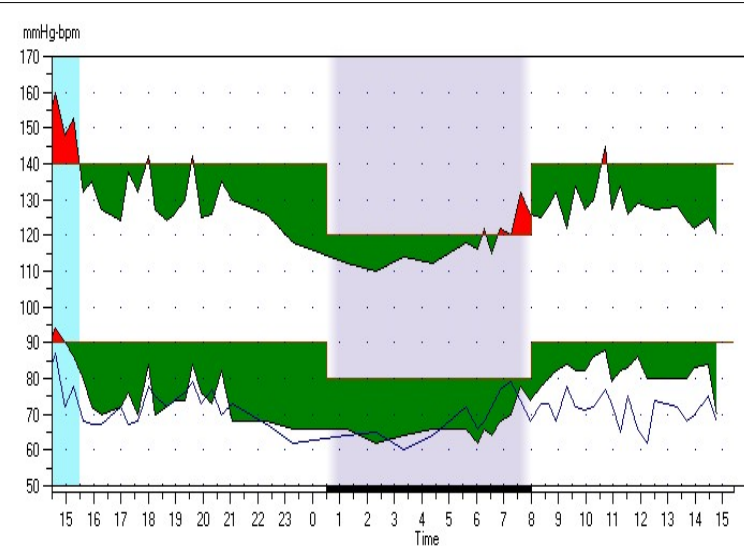
University Hospital Cardio Lab  
Dr. Paul Green  
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Patient Name: John Smith

Patient ID: 001-00-0000

Test Date: 26-Aug-2005



Overall	14:30-14:47 (24:17)		Samples: 53
	Sys	Dia	HR
Mean (mmHg-bpm)	128	76	71
Std.Dev. (+/-)	10.5	8.2	5.5
BP Load (%)	21	4	-
Asleep Dip (%)	10.0	15.1	-
Awake Period	08:00-00:30		Samples: 41
	Sys	Dia	HR
Mean (mmHg-bpm)	131	79	72
Std.Dev. (+/-)	9.6	6.9	5.3
BP Load (%)	17	5	-
Asleep Period	00:30-08:00		Samples: 12
	Sys	Dia	HR
Mean (mmHg-bpm)	118	67	69
Std.Dev. (+/-)	6.5	4.8	5.8
BP Load (%)	33	0	-
White Coat Period	1st Hr (14:30-15:30)		Samples: 4
	Sys	Dia	HR
Max (mmHg-bpm)	160	94	87
Mean (mmHg-bpm)	154	90	80
BP Load (%)	100	50	-

### Interpretive Summary:

Based upon JNC 7 and AHA recommendations, the ABPM data suggests

- Normal 24 hour SYS and DIA pressure (128/76 mmHg)
- Normal awake SYS and DIA pressure (131/79 mmHg)
- Normal asleep SYS and DIA pressure (118/67 mmHg)

1st hour max (160/94 mmHg) and available literature suggest white coat syndrome.

Asleep dip is 10.0% SYS and 15.1% DIA, Dipper (normal)

### Current Medications

Patient is not currently on anti-hypertensive medication.  
10mg daily - Atorvastatin Calcium for high cholesterol.  
4mg daily - Montelukast Sodium for asthma  
Ibuprofen tablets as needed for osteoarthritis.

### Physician Interpretation

Patient exhibits symptoms consistent with white coat hypertension. Suggest lifestyle and diet changes to resist development of hypertension. An ABPM study should be repeated in 6 months.

Referring physician: Dr. White

Interpreting physician: Dr. Green

Signature

Date

Signature

Date